

JANUARY 2019

Millington High

Students have a choice of Skim, 1% and Fat Free flavored milk daily. Lactose Free milk available upon request. Students must select a fruit or vegetable to complete their meal for breakfast and lunch. Student meals are served at no cost.



Monday

Tuesday

Wednesday

Thursday

Friday

1

No School

2

No School

3

No School

4

No School

7

Popcorn Chicken with a Roll
Breaded Cheese Sticks w/dip

Scalloped Potatoes
Green Peas
Baby Carrots w/dip

8

Hamburger or Cheeseburger
Fish Sticks & Hushpuppies

Macaroni & Cheese
Sandwich Trimming
Baby Carrots w/dip

9

Spicy Chicken Sandwich
Corn Dog

Seasoned Green Beans
Baby Carrots w/dip
Sandwich Trimming

10

Italian Pasta with Texas Toast
Calzone

Corn
Italian Blend Vegetables
Romaine Garden Salad

11

Pizza
Pork Carnita

Baked Beans
Baby Carrots w/dip

14

Chicken Chunks with a Roll
Breaded Cheese Sticks w/dip

Whipped Potatoes
Broccoli
Baby Carrots w/dip

15

Beef & Bean Burrito
Spicy Chicken Sandwich

Seasoned Green Beans
Baby Carrots w/dip
Sandwich Trimming

16

Hot Dog
Crispito w/Chili

Krinkle Kut Fries
Romaine Garden Salad

17

Beef Tacos
BBQ Chicken Sandwich

Pinto Beans
Whole Kernel Corn
Taco Trimmings

18

Pizza
Deli Sandwich

Potato Wedges
Baby Carrots w/dip
Romaine Garden Salad

21

No School

22

Hot Dog
French Bread Pizza

Seasoned Corn
Baby Carrots w/dip

23

Buffalo Chicken Nachos
Cheeseburger

Baked Beans
Sandwich Trimmings

24

Italian Pasta with Roll
Calzone

Seasoned Broccoli
Romaine Garden Salad

25

Pizza
Philly Cheese Steak Sandwich

Krinkle Kut Fries
Baby Carrots w/dip
Romaine Garden Salad

28

Chicken Chunks with a Roll
Smart Mouth Pizza

Whipped Potatoes
Stir Fry Vegetables
Romaine Garden Salad

29

Spicy Chicken Sandwich
Smart Mouth Pizza

California Blend Vegetables
Carrots w/dip
Sandwich Trimmings

30

Nachos
Smart Mouth Pizza

Pinto Beans
Baby Carrots w/dip

31

Cheeseburger
Smart Mouth Pizza

Seasoned Green Beans
Sandwich Trimmings

A selection of Grab and Go items will be offered daily. Choices may include: Fresh Salads, Hamburgers, Chicken Sandwiches, Deli Hoagies, and more. Students must choose at least 3 of the 5 lunch components to be a complete meal, otherwise a la carte pricing will apply on food items sold. A variety of Fresh Fruit and Chilled Fruit are offered daily. Menus may change due to availability.

This institution is an equal opportunity provider.