

SEPTEMBER 2018

EAH Breakfast in the Classroom

Students have a choice of Skim, 1% and Fat Free flavored milk daily. Lactose Free milk available upon request. Students must select a fruit or vegetable to complete their meal for breakfast and lunch. Lunch and breakfast are provided at no cost to students.

Monday

Tuesday

Wednesday

Thursday

Friday

3



Assorted Muffins
Fruit Juice
Assorted Fresh Fruit

4

French Toast Sticks
Fruit Juice
Assorted Fresh Fruit

5

Whl Grain Super Donut
Fruit Juice
Assorted Fresh Fruit

6

Oatmeal Rounds
Fruit Juice
Assorted Fresh Fruit

7

10

Cinnamon Breakfast Rolls
Fruit Juice
Assorted Fresh Fruit

11

Assorted Muffins
Fruit Juice
Assorted Fresh Fruit

12

French Toast Sticks
Fruit Juice
Assorted Fresh Fruit

13

Pancakes
Fruit Juice
Assorted Fresh Fruit

14

Mini Waffles
Fruit Juice
Assorted Fresh Fruit

17

Assorted Breakfast Breads
Fruit Juice
Assorted Fresh Fruit

18

Assorted Muffins
Fruit Juice
Assorted Fresh Fruit

19

French Toast Sticks
Fruit Juice
Assorted Fresh Fruit

20

Whl Grain Super Donut
Fruit Juice
Assorted Fresh Fruit

21

Oatmeal Rounds
Fruit Juice
Assorted Fresh Fruit

24

Cinnamon Breakfast Rolls
Fruit Juice
Assorted Fresh Fruit

25

Assorted Muffins
Fruit Juice
Assorted Fresh Fruit

26

French Toast Sticks
Fruit Juice
Assorted Fresh Fruit

27

Pancakes
Fruit Juice
Assorted Fresh Fruit

28

Mini Waffles
Fruit Juice
Assorted Fresh Fruit

A variety of Cereals, Pop tarts, and Graham Crackers are available, selections may vary daily. Menus are subject to change due to availability.

This institution is an equal opportunity provider

