



## BREAKFAST

# MARCH 2024

## MCMHS

Students have a choice of Skim or 1% milk. Lactose Free milk available upon request. Students must select a fruit or vegetable to complete their meal for breakfast and lunch. Lunch and breakfast are provided at no cost to students.

### Monday



Super Donut  
Egg & Cheese Biscuit

Fruit Juice  
Fresh Fruit

### Tuesday



French Toast & Smokies  
Muffin

Fruit Juice  
Fresh Fruit

### Wednesday



Sausage & Biscuit

Fruit Juice  
Fresh Fruit

### Thursday



Chicken & Biscuit  
Cereal Bar

Fruit Juice  
Fresh Fruit

### Friday

Pancake Sausage Wrap  
Cinnamon Roll

Fruit Juice  
Fresh Fruit

Pancake Sausage Wrap  
Cinnamon Roll

Fruit Juice  
Fresh Fruit

Spring Break

Spring Break

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Spring Break

Super Donut  
Egg & Cheese Biscuit

Fruit Juice  
Fresh Fruit

French Toast & Smokies  
Muffin

Fruit Juice  
Fresh Fruit

Sausage & Biscuit

Fruit Juice  
Fresh Fruit

Chicken & Biscuit  
Cereal Bar

Fruit Juice  
Fresh Fruit

Pancake Sausage Wrap  
Cinnamon Roll

Fruit Juice  
Fresh Fruit

Super Donut  
Egg & Cheese Biscuit

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Fresh Fruit

French Toast & Smokies  
Muffin

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Fresh Fruit

Sausage & Biscuit

Fruit Juice  
Fresh Fruit

Chicken & Biscuit  
Cereal Bar

Fruit Juice  
Fresh Fruit

Good Friday

A variety of Cereals, Pop tarts, Graham Crackers, and Yogurt are available, selections may vary daily. Menus are subject to change due to availability.

This institution is an equal opportunity provider.